SPOONBREAD

RESTAURANT

LUNCH MENU

SOUPS & SALADS	CUP	BOWL
Low-Country Crab Corn Chowder	\$4	\$5
Chef's Soup of the Day	\$4	\$5

Super FoodsR; Arugula Salad, 4 sautéed Jumbo Shrimp with Arugula, Cherry Tomatoes and Hearts of Palm Tossed with Olive Oil and Fresh Limejuice \$9 GF

Cobb Salad, Mix Greens, tossed with Cherry Tomatoes, Eggs, Cheddar Cheese, and Avocado and Low-Fat Dressing \$8 GF Add Chicken, Salmon, Tuna or Jumbo Shrimp for \$6

Super Poinsett Caesar Salad, Romaine Lettuce, Cherry Tomatoes, White Anchovies, Crispy Croutons and Parmesan Cheese \$7 Add Chicken, Salmon, Tuna or Jumbo Shrimp for \$6

DAILY SPECIAL Pan Seared Snapper over Wild Mushroom and Asparagus Gratin And Roasted Tomatoes \$14

ENTRÉES

*Pan Seared Salmon served with Broccolini and Sweet Potato Salad Drizzled with Pomegranate Molasses \$13

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*Seared Ahi Tuna over Rice Noodles and Vegetables Tossed with Sweet Thai Chili Sauce \$13 GF

Pan Seared Scallops with Whole Wheat Pasta over Roasted Tomato Basil Sauce \$14

FLATBREADS

Shrimp Scampi Flatbread with Sliced Tomatoes, Basil and Garlic Oil \$9

Grilled Flatbread Piled with Grilled Vegetables, Slow Roasted Tomatoes Topped with "Split Creek Farms" Goat Cheese and Drizzled with Aged Balsamic Glaze \$7

Grilled Flatbread with Roasted Chicken, Spinach and Mozzarella Cheese \$8

SANDWICHES

All sandwiches served with your choice of one side Gluten Free Breads Available upon Request

Fried or Blackened "Fish of the Day" Sandwich with Lettuce and Roasted Cherry Tomatoes and Caper Mayo on a toasted Bun \$9

Poinsett Chicken BLT, House Rubbed Chicken Breast with Smoked Bacon, Crisp Lettuce, Vine Ripe Tomatoes and Lemon Mustard Aioli on Toasted Seven Grain Bread \$8

Super FoodsR_X Corned Beef or Turkey Reuben Thin Sliced Swiss Cheese, Sauerkraut, and Thousand Island on Rye Bread \$8

*Grilled Angus or Turkey Burger on Toasted Bun with Lettuce, Tomatoes, Onion, Cheese, Bacon or Mushrooms \$9

SIDES

Crispy Green Beans	\$3.00
Coleslaw	\$3.00
Shoestring French Fries	\$3.00

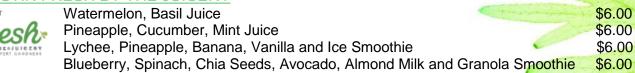
Hearts of Palm and Arugula Salad Creamy Mashed Potatoes Sweet Potato French Fries

\$3.00 \$3.00 \$3.00

DESSERTS

Ask Server about Daily Dessert Features	\$5.00
Freshly Brewed Starbucks Coffee, Regular and Decaffeinated	\$2.25
Selection of Hot Tazo Teas, Herbal and Caffeinated	\$2.25
Grande Cappuccino and Macaroon	\$5.00

ESTIN FRESH BY THE JUICERY



*We proudly serve "All Natural" and "Certified Humane." We use and cook only with foods that are Trans Fat free. Please see your server for any dietary needs. Consuming raw or undercooked meats, poultry, seafood or shell may medical conditions. ood borne illness, esp if you have certai increase your risk of